

Menu for Trip (Simple List): Items to Cache for CDT Weminuche 2016, 2nd leg, Weminuche Pass to Wolf Creek Pass

**Saturday, July 9, 2016**

**Breakfast**

Coffee, coarsely ground for French press

Coffee, coarsely ground for French press

FD Breakfast, Mountain House Scrambled Eggs with Ham

FD Breakfast, Mountain House Scrambled Eggs with Ham

**Lunch**

Cheese, Emmenthaler Swiss

Emmenthaler Swiss Cheese

Sausage, Summer

Summer sausage

Tortillas, flour, 8", Mission Foods

Tortillas, flour, 8", Mission Foods

**Snacks**

Bar, Cliff, any flavor

Bar, Cliff, any flavor

**Dinner**

FD Dinner, Mountain House Pro-Pak Beef Stroganoff with Noodles

FD Dinner, Mountain House Pro-Pak Beef Stroganoff with Noodles

**Sunday, July 10, 2016**

**Breakfast**

Cereal, Mountain House Granola with Milk and Blueberries

Cereal, Mountain House Granola with Milk and Blueberries

Coffee, coarsely ground for French press

Coffee, coarsely ground for French press

**Lunch**

Peanut butter, Jif to Go Creamy

Peanut butter, Jif to Go Creamy

Tortillas, flour, 8", Mission Foods

Tortillas, flour, 8", Mission Foods

**Snacks**

GORP, homemade, MacPecanM&Mraisins

Homemade GORP, Roasted Salted Macadamia Nuts 100 g, Plain M&M's 95.8 g, Raisins 42.5 g, Pecans 42.5 g yielding 6 servings

**Dinner**

FD Dinner, Mountain House Pro-Pak Lasagna with Meat Sauce

FD Dinner, Mountain House Pro-Pak Lasagna with Meat Sauce

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**Monday, July 11, 2016**

**Breakfast**

Coffee, coarsely ground for French press	Coffee, coarsely ground for French press
Pastry, Pop Tarts, Brown Sugar Cinnamon	Kellog's Pop Tarts Brown Sugar Cinnamon

**Lunch**

Cheese, Emmenthaler Swiss	Emmenthaler Swiss Cheese
Sausage, Summer	Summer sausage
Tortillas, flour, 8", Mission Foods	Tortillas, flour, 8", Mission Foods

**Snacks**

Bar, Cliff, any flavor	Bar, Cliff, any flavor
Beef, jerky, Bridgford, original natural style	Beef, jerky, Bridgford, original natural style
Cocoa Mix, Swiss Miss milk Chocolate	Swith Miss Milk Chocolate Hot Cocoa Mix

**Dinner**

FD Dinner, Mountain House Pro-Pak Chili Mac with Beef	FD Dinner, Mountain House Pro-Pak Chili Mac with Beef
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**Tuesday, July 12, 2016**

**Breakfast**

Coffee, coarsely ground for French press	Coffee, coarsely ground for French press
FD Breakfast, Mountain House Biscuits and Gravy	FD Breakfast, Mountain House Biscuits and Gravy

**Lunch**

Peanut butter, Jif to Go Creamy	Peanut butter, Jif to Go Creamy
Tortillas, flour, 8", Mission Foods	Tortillas, flour, 8", Mission Foods

**Snacks**

Candy, Snickers Minis	Candy, Snickers Minis
GORP, homemade, MacPecanM&Mraisins	Homemade GORP, Roasted Salted Macadamia Nuts 100 g, Plain M&M's 95.8 g, Raisins 42.5 g, Pecans 42.5 g yielding 6 servings

**Dinner**

FD Dinner, Mountain House Pro-Pak Chicken Teriyaki with Rice	FD Dinner, Mountain House Pro-Pak Chicken Teriyaki with Rice
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**Wednesday, July 13, 2016**

**Breakfast**

Cereal, Mountain House Granola with Milk and Blueberries	Cereal, Mountain House Granola with Milk and Blueberries
Coffee, coarsely ground for French press	Coffee, coarsely ground for French press

**Lunch**

Cheese, Emmenthaler Swiss	Emmenthaler Swiss Cheese
Sausage, Summer	Summer sausage
Tortillas, flour, 8", Mission Foods	Tortillas, flour, 8", Mission Foods

**Snacks**

Bar, Cliff, any flavor	Bar, Cliff, any flavor
Beef, jerky, Bridgford, original natural style	Beef, jerky, Bridgford, original natural style
Candy, Snickers Minis	Candy, Snickers Minis
Cocoa Mix, Swiss Miss milk Chocolate	Swith Miss Milk Chocolate Hot Cocoa Mix

**Dinner**

FD Dinner, Mountain House Pro-Pak Beef Stew	FD Dinner, Mountain House Pro-Pak Beef Stew
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**Thursday, July 14, 2016**

**Breakfast**

Coffee, coarsely ground for French press	Coffee, coarsely ground for French press
FD Breakfast, Mountain House Scrambled Eggs with Ham	FD Breakfast, Mountain House Scrambled Eggs with Ham

**Lunch**

Peanut butter, Jif to Go Creamy	Peanut butter, Jif to Go Creamy
Tortillas, flour, 8", Mission Foods	Tortillas, flour, 8", Mission Foods

**Snacks**

Cookies, Fig Newtons	Cookies, Fig Newtons
GORP, homemade, MacPecanM&Mraisins	Homemade GORP, Roasted Salted Macadamia Nuts 100 g, Plain M&M's 95.8 g, Raisins 42.5 g, Pecans 42.5 g yielding 6 servings

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### **Dinner**

FD Dinner, Mountain House Pro-Pak Pasta Primavera

FD Dinner, Mountain House Pro-Pak Pasta Primavera

### **Friday, July 15, 2016**

### **Breakfast**

Cereal, Instant Oatmeal, Quaker, Maple & Brw Sugar

Quaker Instant Oatmeal, Maple and brown sugar

Coffee, coarsely ground for French press

Coffee, coarsely ground for French press

### **Lunch**

Cheese, Emmenthaler Swiss

Emmenthaler Swiss Cheese

Sausage, Summer

Summer sausage

Tortillas, flour, 8", Mission Foods

Tortillas, flour, 8", Mission Foods

### **Snacks**

Bar, Cliff, any flavor

Bar, Cliff, any flavor

Cocoa Mix, Swiss Miss milk Chocolate

Swith Miss Milk Chocolate Hot Cocoa Mix

### **Dinner**

FD Dinner, Mountain House Pro-Pak Rice & Chicken

FD Dinner, Mountain House Pro-Pak Rice & Chicken

### **Saturday, July 16, 2016**

### **Breakfast**

Cereal, Mountain House Granola with Milk and Blueberries

Cereal, Mountain House Granola with Milk and Blueberries

Coffee, coarsely ground for French press

Coffee, coarsely ground for French press

### **Lunch**

Peanut butter, Jif to Go Creamy

Peanut butter, Jif to Go Creamy

Tortillas, flour, 8", Mission Foods

Tortillas, flour, 8", Mission Foods

### **Snacks**

Bar, Cliff, any flavor

Bar, Cliff, any flavor

### **Dinner**

FD Dinner, Mountain House Pro-Pak Spaghetti with Meat Sauce

FD Dinner, Mountain House Pro-Pak Spaghetti with Meat Sauce