

Backpacking Equipment Checklist, Individual Items

Clothing

Clothing - Hands

Item Description	Quan	Wt	Subtotal
Outdoor Research, Modular Pro Mitt Liners, single thickness, 1 pair	1	2.5	2.5
Mittens, OR Gortex shells, old style blue	1	4.0	4.0
Total			7 oz.

Clothing - Head

Item Description	Quan	Wt	Subtotal
Bolle ski goggles with bag	1	4.7	4.7
Total			5 oz.

Clothing - Mid Layer

Item Description	Quan	Wt	Subtotal
The North Face, Nuptse Jacket, Down, large	1	25.0	25.0
Total			1 lbs. 9 oz.

Kitchen

Kitchen - General

Item Description	Quan	Wt	Subtotal
Bag, Water	1	0.0	0.0
Bags, plastic kitchen	2	0.0	0.0
Jet Boil Fuel Cannister	1	6.7	6.7
Bic Lighter	1	0.6	0.6
Matches, 6 books	1	1.2	1.2
Pad, foam for stove	1	1.2	1.2
Salt & Pepper Shakers, short, weight is for both filled with salt and pepper	1	1.5	1.5
Jet Boil Cooking System	1	15.0	15.0
Total			1 lbs. 10 oz.

Navigation/Observation

Navigation/Observation - General

Item Description	Quan	Wt	Subtotal
Altimeter watch, Avocet Vertech II, Alpin	1	1.3	1.3
Leica 8x20 BCA binocular with case	1	10.1	10.1
Compass and Inclinometer, Suunto MC-1 D/in	1	2.5	2.5
GPS, Garmin 12XL with case, cheat sheet, and 4 AA lithium batteries	1	9.0	9.0
Maps - 9 pages printed on notebook paper and a gallon zip lock freezer bag	1	3.3	3.3
Notebook, small	1	1.6	1.6
Pen, ballpoint	1	0.0	0.0
Thermometer, key tag type	1	0.0	0.0
Plastic UTM Grid Overlay	1	0.1	0.1
Total			1 lbs. 12 oz.

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Navigation/Observation - Photography

Item Description	Quan	Wt	Subtotal
Extra battery for Nikon D70, EN-EL3	1	2.8	2.8
Nikon D70 camera body with one battery and one CF memory card	1	26.4	26.4
Tamrac black case for zoom SLR camera	1	14.4	14.4
Lens tissue and cleaning fluid	1	1.1	1.1
Nikon AF Zoom-Nikkor 35-80mm, f/4-5.6D with Hood HN-3	1	8.3	8.3
Nikkon AF-S 12-24 mm zoom lens, ED, F2.8, G and lens hood	1	19.9	19.9
Manual for Nikon D70 camera	1	5.3	5.3
Extra Compact flash memory card for Nikon D70	1	0.6	0.6
Remote control for Nikon D70	1	0.4	0.4
Tripod, Ultrapod II	1	4.0	4.0
Padded wrap for lenses	1	1.1	1.1
Total			5 lbs. 4 oz.

Personal/Toiletries

Personal/Toiletries - General

Item Description	Quan	Wt	Subtotal
Car key	1	0.0	0.0
Lip balm	1	0.3	0.3
Soap, Campsuds, 2 fluid ounces in plastic squeeze bottle	1	3.0	3.0
Sunscreen	1	2.5	2.5
Toilet Paper	1	3.5	3.5
Total			9 oz.

Repair/Emergency

Repair/Emergency - Blister Kit

Item Description	Quan	Wt	Subtotal
Blister Kit - includes tincture of Benzoin, moleskin, Spenco second ski, adhesive tape	1	4.9	4.9
Total			5 oz.

Repair/Emergency - First-aid Kit

Item Description	Quan	Wt	Subtotal
Alka-Seltzer Plus Cold & Cough Liqui-Gels	1	0.3	0.3
Bandages, Assorted: 3" roller gauze, 5"x9" ABD, 4"x4" gauze - 2 pkg, steristrips, bandaids	1	2.0	2.0
Ibuprofen	1	1.3	1.3
Total			4 oz.

Repair/Emergency - General

Item Description	Quan	Wt	Subtotal
Multitool, Leatherman	1	8.9	8.9
Cobra Microtalk two-way radio, model pr 4700 WX	2	8.1	16.3
Total			1 lbs. 9 oz.

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Repair/Emergency - Repair/Emergency Kit

Item Description	Quan	Wt	Subtotal
Candle	1	1.0	1.0
Gortex patch kit	1	0.8	0.8
Matches, emergency in match safe	1	0.9	0.9
Mirror, signaling	1	0.4	0.4
Parachute cord, ?length	1	2.2	2.2
Samsung cell phone with body glove case	1	4.2	4.2
Sewing Kit in film canister includes needles and thread, rubber bands, safety pins, plastic 35 mm film canister	1	0.6	0.6
Space Emergency Blanket, MPI Outdoors	1	1.8	1.8
Whistle	1	0.2	0.2
Zip Ties	1	0.3	0.3
Total			12 oz.

Shelter/Sleeping

Shelter/Sleeping - Shelter

Item Description	Quan	Wt	Subtotal
OR Advance Bivy sack with stuff sack, stripped, no poles, no pole ends, no netting	1	25.0	25.0
Total			1 lbs. 9 oz.

Shelter/Sleeping - Sleeping

Item Description	Quan	Wt	Subtotal
Ridge Rest 3/4 Length Pad with yellow web lashing strap	1	9.0	18.0
Total			1 lbs. 2 oz.

Travel

Travel - Skiing

Item Description	Quan	Wt	Subtotal
Ski Waxing Kit - Swix wax x 3, plastic scraper, cork, maxiglide wax, glop stop, extra skin tip	1	10.3	10.3
Total			10 oz.

Travel - Snow/Avalanche

Item Description	Quan	Wt	Subtotal
Ortovox snow shovel, includes metal handle and plastic scoop	1	21.7	21.7
Total			1 lbs. 6 oz.

Grand Total Weight: 19 lbs. 1 oz.