Bicycle Touring Food Ideas

Food Ideas

- Bagels
- Bananas
- Beans
- Beans and rice
- Bread
- Cheese
- Chocolate milk
- Coffee
- Couscous
- Crackers
- Dehydrated refried beans
- Dry cereal
- Fig newtons
- Fruit
- Granola
- Jerky
- Nuts
- Oatmeal
- Pasta
- Peanut butter and jelly
- Powdered milk
- Ramen
- Rice-a-Roni
- Summer sausage
- Snickers
- Tortillas
- Trail mix
- Tuna
- Yogurt

Helpful Links

http://www.biketouringtips.com/searchTips.html?country=&state=&place=&id=Food&subtopic=
http://www.bikeforums.net/showthread.php?t=495582&highlight=food
http://www.bikeforums.net/showthread.php?t=573338&highlight=food
http://www.bikeforums.net/showthread.php?t=547500&highlight=food
http://www.bikeforums.net/showthread.php?t=530283&highlight=food
http://www.bikeforums.net/showthread.php?t=518767&highlight=food
http://www.bikeforums.net/showthread.php?t=501474&highlight=food
http://www.bikeforums.net/showthread.php?t=387535&highlight=food
http://www.bikeforums.net/showthread.php?t=363723&highlight=food