Tuesday, September 6, 2022		
Lunch Servings/P	erson	
- Corvingon	-	
1.0	Sandwich, generic	
Snacks		
Servings/P	erson	
2.0	Bar, Kind, almond, caramel, sea salt	
2.0	Chews, energy, Clif Bloks + 50 mg caffeine	
Dinner		
Servings/P	erson	
1.0	FD Dinner, Mountain House Chicken & Dumplings, pouch	
Wedne	sday, September 7, 2022	
Lunch		
Servings/Person		
1.0	Bread, bagel, plain	
1.0	Peanut butter, Jif to Go Creamy	
Snacks		
Servings/Person		
2.0	Bar, Kind, almond, caramel, sea salt	
1.0	Candy, M&Ms, plain	
Dinner		
Servings/Person		
1.0	FD Dinner, Mountain House Beef Stroganoff with Noddles, pouch	

Wednesday, August 31, 2022 Page 1 of 4

Thursday, September 8, 2022		
Breakfast Servings/Person		
1.0	FD Breakfast, Mountain House Granola with Milk and Blueberries	
Snacks Servings/P	erson	
6.0	Chews, energy, Clif Bloks + 25 mg caffeine	
2.0	Chews, energy, Clif Bloks + 50 mg caffeine	
<b>Dinner</b> Servings/Person		
1.0	FD Dinner, Mountain House Spaghetti with Meat Sauce - Pro-Pak	
Extra Foo		
2.0	Bar, Kind, almond, caramel, sea salt	
Friday,	September 9, 2022	
Lunch Servings/Person		
1.0	Bread, bagel, plain	
1.0	Peanut butter, Jif to Go Creamy	
Snacks Servings/P	erson	
2.0	Bar, Kind, almond, caramel, sea salt	
1.0	Candy, M&Ms, plain	
<b>Dinner</b> Servings/P	erson	
1.0	FD Dinner, Mountain House Beef Stew, pouch	

Wednesday, August 31, 2022 Page 2 of 4

FD Dinner, Mountain House Chili Mac with Beef, Pro-Pak

1.0

## Saturday, September 10, 2022 Breakfast Servings/Person 1.0 FD Breakfast, Mountain House Granola with Milk and Blueberries Snacks Servings/Person Chews, energy, Clif Bloks + 25 mg caffeine 14.0 Chews, energy, Clif Bloks + 50 mg caffeine 2.0 **Dinner** Servings/Person 1.0 FD Dinner, Mountain House Chicken & Rice, Pro-Pak; with red bell peppers, carrots, and celery Sunday, September 11, 2022 Lunch Servings/Person Bread, bagel, plain 1.0 1.0 Peanut butter, Jif to Go Creamy Snacks Servings/Person 2.0 Bar, Kind, almond, caramel, sea salt 1.0 Candy, M&Ms, plain Dinner Servings/Person

Wednesday, August 31, 2022 Page 3 of 4

Monday, September 12, 2022  Breakfast Servings/Person		
Lunch Servings/Person		
2.0	Bar, Clif, White Chocolate Macadamia Nut Flavor	
Snacks Servings/Person		
2.0	Chews, energy, Clif Bloks + 25 mg caffeine	
2.0	Chews, energy, Clif Bloks + 50 mg caffeine	

Wednesday, August 31, 2022 Page 4 of 4