

Simple Menu for Trip: West Needle Mountains (Wed 06/16/2021 - Mon 06/21/2021)

Wednesday, June 16, 2021

Breakfast

Servings/Person

1.0	Sandwich, generic
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Lunch

Servings/Person

1.0	Sandwich, generic
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Snacks

Servings/Person

8.0	Chews, energy, Clif Bloks + 25 mg caffeine
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2.0	Chews, energy, Clif Bloks + 50 mg caffeine
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Dinner

Servings/Person

1.0	FD Dinner, Mountain House Beef Stroganoff with Noodles - Pro-Pak
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Thursday, June 17, 2021

Breakfast

Servings/Person

1.0	Coffee, Folgers singles
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Lunch

Servings/Person

1.0	Cheese, Emmenthaler Swiss
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1.0	Sausage, summer, Bridgford Beef Summer Sausage
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2.0	Tortillas, flour, Mission Foods Homestyle Fajita Four Tortilla, about 6"
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Dinner

Servings/Person

1.0	Entrée, Ramen Bomb; Recipe for 2 servings: Ramen noodle soup, Maruchan Chicken Flavor - 1 pkg; Potatoes, mashed, instant, Idahoan Butter & Herb Mashed Potatoes - 1 pouch, Summer sausage, Bridgford Beef Summer Sausage - 2 ounces; Swiss Cheese - 1 ounce
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Friday, June 18, 2021

Breakfast

Servings/Person

2.0	Coffee, Folgers singles
1.0	FD Breakfast, Mountain House Granola with Milk and Blueberries

Lunch

Servings/Person

1.0	Cheese, Emmenthaler Swiss
1.0	Sausage, summer, Bridgford Beef Summer Sausage
2.0	Tortillas, flour, Mission Foods Homestyle Fajita Four Tortilla, about 6"

Snacks

Servings/Person

8.0	Chews, energy, Clif Bloks + 25 mg caffeine
2.0	Chews, energy, Clif Bloks + 50 mg caffeine

Dinner

Servings/Person

1.0	FD Dinner, Mountain House Chili Mac with Beef - Pro-Pak
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Saturday, June 19, 2021

Breakfast

Servings/Person

1.0	Coffee, Folgers singles
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Lunch

Servings/Person

1.0	Peanut butter, Jif to Go Creamy
2.0	Tortillas, flour, Mission Foods Homestyle Fajita Four Tortilla, about 6"

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Dinner

Servings/Person

1.0	FD Dinner, Mountain House Pro-Pak Rice & Chicken - Pro-Pak
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Sunday, June 20, 2021

Breakfast

Servings/Person

1.0	FD Breakfast, Mountain House Granola with Milk and Blueberries
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Lunch

Servings/Person

1.0	Peanut butter, Jif to Go Creamy
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2.0	Tortillas, flour, Mission Foods Homestyle Fajita Four Tortilla, about 6"
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Snacks

Servings/Person

8.0	Chews, energy, Clif Bloks + 25 mg caffeine
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2.0	Chews, energy, Clif Bloks + 50 mg caffeine
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Dinner

Servings/Person

1.0	FD Dinner, Mountain House Beef Stroganoff with Noodles - Pro-Pak
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Monday, June 21, 2021

Breakfast

Servings/Person

2.0	Coffee, Folgers singles
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1.0	FD Breakfast, Mountain House Granola with Milk and Blueberries
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Extra Food

Servings/Person

4.0	Potatoes, mashed, instant, Idahoan Butter & Herb Mashsed Potatoes
3.0	Bar, Clif, any flavor
2.0	Pastry, Pop Tarts, Brown Sugar Cinnamon
2.0	Soup, ramen noodle, Maruchan, chicken flavor