

# Equipment Checklist, Individual and Group Trip Items, Both Essential and Optional Trip Items, Both Packed and Not Packed Trip Items

Trip West Needle Mountains

Start Date Wednesday, June 16, 2021

## Climbing

### Snow / Ice

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Ice Axe, Alpine, Grivel Mont Blanc	1.0	14.8	14.8
<b>Snow / Ice</b>	<b>Total</b>		<b>14.8 oz</b>
<b>Climbing</b>	<b>Total</b>		<b>14.8 oz</b>

## Clothing

### Accessories

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Suspenders, Walmart 1" black	1.0	3.7	3.7
<b>Accessories</b>	<b>Total</b>		<b>3.7 oz</b>

### Base Layer

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Underwear, boxer briefs, BCG, L	2.0	3.2	6.4
<input type="checkbox"/> Underwear, pants, boot-length, thermal weight, Patagonia, Capilene, large	1.0	5.6	5.6
<input type="checkbox"/> Underwear, shirt, long sleeve, hooded, thermal weight, Patagonia Capilene, large	1.0	8.1	8.1
<b>Base Layer</b>	<b>Total</b>		<b>1 lbs 4.0 oz</b>

### Feet

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Boots, hiking, Vasque Breeze 2.0 GTX (7480 W), pair, 9W, CastleRock/Solar Power, Spenco Toal Support Original Insoles	1.0	43.2	43.2
<input type="checkbox"/> Socks, Darn Tough Hiker Boot Full-Cushion Socks, Men's M, pair; I own 1 black pair and 1 charcoal pair	2.0	3.4	6.8
<b>Feet</b>	<b>Total</b>		<b>3 lbs 2.0 oz</b>

### Hands

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Glovers, Black Diamond ScreenTap Gloves, M, pair	1.0	1.5	1.5
<input type="checkbox"/> Gloves, Outdoor Design, Diablo TEC, pair, XL; breathable, soft shell, touch screen compatible tumb, pointer finger, and mid-knuckles, goat leather palms.	1.0	4.4	4.4
<input type="checkbox"/> Mittens, Zpack Vertice Rain Mitts, Black, L, pair	1.0	1.0	1.0
<b>Hands</b>	<b>Total</b>		<b>7.0 oz</b>

### Head

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Buff, UV, Lotus Bronze	1.0	1.4	1.4
<input type="checkbox"/> Hat, ball cap, REI Co-op On The Trail Cap, Antique Moss	1.0	1.6	1.6
<b>Head</b>	<b>Total</b>		<b>3.0 oz</b>

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### Insulation Layer

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> jacket, synthetic fill, hooded, Patagonia Men's Micro Puff Hoody, XL, Forge Gray	1.0	10.0	10.0
<b>Insulation Layer</b>	<b>Total</b>		<b>10.0 oz</b>

### Outer Layer

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Jacket, shell, rain, Zpack Men's Vertice Rain Jacket, XL, Azure Blue	1.0	6.3	6.3
<input type="checkbox"/> Pants, Mountain Hardwear Logan Canyon Pants, 40W x 30L	1.0	11.6	11.6
<input type="checkbox"/> Pants, shell, rain, Zpacks Vertice Pants, men's large, short	1.0	2.8	2.8
<input type="checkbox"/> Shirt, long sleeve, hoody, Outdoor Research Men's Echo Hoody, Burnt Orange, L	1.0	4.8	4.8
<b>Outer Layer</b>	<b>Total</b>		<b>1 lbs 9.5 oz</b>

### Clothing

**Total 7 lbs 7.2 oz**

### Kitchen

#### Food

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Food by weight, increments of 1 pound	8.3	16.0	132.0
<b>Food</b>	<b>Total</b>		<b>8 lbs 4.0 oz</b>

### Food Storage

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Bag, OPSak, 12"x20"	2.0	1.5	3.1
<input type="checkbox"/> Bag, plastic, Ziplock freezer, 1 quart	3.0	0.2	0.6
<input type="checkbox"/> bag, plastic, Ziplock snack size	3.0	0.1	0.2
<input type="checkbox"/> Bag, plastic, Ziplock, freezer, 1 gallon	2.0	0.5	0.9
<input type="checkbox"/> Bag, tall kitchen trash bag liner	1.0	1.4	1.4
<input type="checkbox"/> Parachute cord, red, length 46 feet for hanging food with green OR stuff sack for tossing	1.0	2.8	2.8
<input type="checkbox"/> Stuff sack used for food storage/hanging, Sea to Summit UltraSil, XL (20L)	2.0	1.1	2.3
<b>Food Storage</b>	<b>Total</b>		<b>11.3 oz</b>

### Misc

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Bowl, Lexan	1.0	2.3	2.3
<input type="checkbox"/> Cup, Lexan, graduated	1.0	2.5	2.5
<input type="checkbox"/> Scrubber, pot	1.0	1.0	1.0
<input type="checkbox"/> Spoon, GSI pouch spoon, grey	1.0	0.6	0.6
<b>Misc</b>	<b>Total</b>		<b>6.4 oz</b>

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## Stoves and Related

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Lighter, Bic	1.0	0.6	0.6
<input type="checkbox"/> Matches, 6 books	1.0	1.2	1.2
<input type="checkbox"/> Stove, JetBoil cooking system, no fuel cannister includes top cover, cozy, pot, burner base, bottom cover	1.0	15.0	15.0
<input type="checkbox"/> Stove, JetBoil, JetPower fuel canister, 100 g; Boils 10 liters of water. Canister weights: full/empty 6.75/3.17 oz (190/90 gm)	1.0	6.7	6.7
<b>Stoves and Related</b>	<b>Total</b>		<b>1 lbs 7.4 oz</b>

## Water

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Hydration Reservoir, Osprey 1.5L Hydraulics LT	1.0	5.6	5.6
<input type="checkbox"/> Water bottle, Nalgene, 1 qt, opaque, wide mouth	2.0	3.8	7.7
<b>Water</b>	<b>Total</b>		<b>13.3 oz</b>

## Kitchen

**Total** **11 lbs 10.4 oz**

## Misc

### Misc

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Cigar, generic	5.0	0.3	1.8
<b>Misc</b>	<b>Total</b>		<b>1.8 oz</b>
<b>Misc</b>	<b>Total</b>		<b>1.8 oz</b>

## Navigation/Observation

### Misc

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Compass, Silva, type 26	1.0	1.0	1.0
<input type="checkbox"/> Headlamp, Black Diamond Storm with 4 AAA lithium batteries	1.0	2.8	2.8
<input type="checkbox"/> Heart rate sensor, Polar H10 sensor with strap	1.0	2.0	2.0
<input type="checkbox"/> Map Grid Overlay, UTM	1.0	0.1	0.1
<input type="checkbox"/> Maps and guidebook information by the ounce	2.3	1.0	2.3
<input type="checkbox"/> Pen, ballpoint, Generic	1.0	0.3	0.3
<input type="checkbox"/> Wristwatch, Polar Grit X	1.0	2.3	2.3
<input type="checkbox"/> Wristwatch, Polar Grit X charging cable	1.0	0.6	0.6
<b>Misc</b>	<b>Total</b>		<b>11.4 oz</b>
<b>Navigation/Observation</b>	<b>Total</b>		<b>11.4 oz</b>

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## Personal/Toiletries

### Eyewear and Accessorie

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Contact lens case and solution.	1.0		
<input type="checkbox"/> Eyeglass cleaning cloth and solution, 1 fl oz spray bottleLens tissue and cleaning fluid	1.0	1.9	1.9
<input type="checkbox"/> Eyeglasses, case, soft	2.0	0.2	0.4
<input type="checkbox"/> Eyeglasses, Prescription, Bob's without case	1.0	0.8	0.8
<input type="checkbox"/> Eyeglasses, reading, Foster Grant with soft case	1.0	1.0	1.0
<input type="checkbox"/> Glacier glasses, Bucci Alpine, no case or retaining cord	1.0	1.0	1.0
<b>Eyewear and Accessorie</b>	<b>Total</b>		<b>5.1 oz</b>

### Hygiene

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Dental floss,Top Care, 100 yds	1.0	0.7	0.7
<input type="checkbox"/> Hand Wipes, wet ones, travel size, 20 wipes in 1 quart ziplock freezer bag	1.0	4.0	4.0
<input type="checkbox"/> Soap, Campsuds, 2 fluid ounces in plastic squeeze bottle	1.0	3.0	3.0
<input type="checkbox"/> Toilet paper, 1 day supply	7.0	0.1	0.7
<input type="checkbox"/> Toothbrush, travel, in plastic case	1.0	0.8	0.8
<input type="checkbox"/> Toothpaste, sample size tube, 0.75 ounces paste	1.0	0.9	0.9
<b>Hygiene</b>	<b>Total</b>		<b>10.0 oz</b>

### Medical-Health

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Mandibular advancement appliance denture cleanser tablet	7.0	0.1	0.6
<input type="checkbox"/> Mandibular advancement appliance with case	1.0	1.9	1.9
<input type="checkbox"/> Medications, personal, Bob by the ounce	1.0	1.0	1.0
<b>Medical-Health</b>	<b>Total</b>		<b>3.5 oz</b>

### Misc

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Car key, Generic	1.0		
<input type="checkbox"/> Hearing aids, batteries, domes, wax filters, and case	1.0	2.7	2.7
<input type="checkbox"/> Identification, money, credit card, emergency info, NTG in neck wallet.	1.0	2.1	2.1
<input type="checkbox"/> Insect Repellent, Repel 100, pump spray, 95% DEET	1.0	1.9	1.9
<input type="checkbox"/> Lip balm	1.0	0.3	0.3
<input type="checkbox"/> Sunscreen, 1 fl. Oz tube	1.0	1.0	1.0
<b>Misc</b>	<b>Total</b>		<b>8.0 oz</b>

## Personal/Toiletries

**Total 1 lbs 10.6 oz**

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## Repair/Emergency

### Batteries/Power

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Battery, USB backup, Anker PowerCore 5000, Ultra Compact 5000mAh External Battery	1.0	4.7	4.7
<input type="checkbox"/> USB cable, CableCreation10cm male USB A to male USB C	1.0	0.3	0.3
<b>Batteries/Power</b>	<b>Total</b>		<b>5.0 oz</b>

### Blister Kit

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Blister Kit - includes tincture of Benzoin, moleskin, Spenco second ski, KT tape, blister pads	1.0	5.5	5.5
<b>Blister Kit</b>	<b>Total</b>		<b>5.5 oz</b>

### Communications

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Phone, Samsung Galaxy S9+ with Zizo Bolt case, without holster	1.0	8.9	8.9
<input type="checkbox"/> Phone, Samsung Galaxy S9+ Zizo Bolt Holster	1.0	1.7	1.7
<input type="checkbox"/> Satellite communicator, inReach backpack tether	1.0	1.1	1.1
<input type="checkbox"/> Satellite communicator, inReach Mini	1.0	3.9	3.9
<b>Communications</b>	<b>Total</b>		<b>15.6 oz</b>

### First-aid Kit

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> First aid kit, Adventure Medical Kits, Adventurer without instruction book	1.0	7.3	7.3
<b>First-aid Kit</b>	<b>Total</b>		<b>7.3 oz</b>

### Misc

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Colorado Outdoor Recreation Search and Rescue (CORSAR) in pouch	1.0	0.5	0.5
<b>Misc</b>	<b>Total</b>		<b>0.5 oz</b>

### Repair/Emergency Kit

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Repair/Emergency kit; Contains zip ties, Gore-Tex patch kit, super glue (4 tiny tubes), signalling mirror, firestarter, matches in safe, sewing kit, space blanket, eyeglasses repair kit, whistle with lanyard, cordage in 1 quart ziplock	1.0	5.9	5.9
<b>Repair/Emergency Kit</b>	<b>Total</b>		<b>5.9 oz</b>

### Tools

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Multi-tool, Gerber Clutch	1.0	2.7	2.7
<b>Tools</b>	<b>Total</b>		<b>2.7 oz</b>

### Repair/Emergency

**Total 2 lbs 10.5 oz**

# Equipment Checklist, Individual and Group Trip Items, Both Essential and Optional Trip Items, Both Packed and Not Packed Trip Items

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## Shelter/Sleeping

### Shelter

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Tent, Tarptent Stratospire Li, complete (fly, interior, 8 stakes with bag, stuff sack, no poles)	1.0	31.2	31.2
<b>Shelter</b>	<b>Total</b>		<b>1 lbs 15.2 oz</b>

### Sleeping

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Sleeping bag, down, 20°F, Western Mountaineering Ultralite, 5'6", R zipper with stuff sack	1.0	26.0	26.0
<input type="checkbox"/> Sleeping pad, Therm-A-Rest NeoAir Xlite, Small with stuff sack and repair kit	1.0	8.2	8.2
<b>Sleeping</b>	<b>Total</b>		<b>2 lbs 2.2 oz</b>

### Shelter/Sleeping

**Total 4 lbs 1.4 oz**

## Travel/Locomotion

### Backpacks and Accessories

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Backpack, Golite Trek cover, Granite Gear Cloud for Golite Trek pack	1.0	3.0	3.0
<input type="checkbox"/> Backpack, Golite Trek, S, capacity: 57/68(expanded)L (3,450/4,150(expanded) in3)	1.0	33.5	33.5
<input type="checkbox"/> Strap, Lashing, yellow webbing with metal buckle	2.0	1.0	2.0
<input type="checkbox"/> Water bottle retainer, carabiner with elastic cord	2.0	0.3	0.6
<b>Backpacks and Accessories</b>	<b>Total</b>		<b>2 lbs 7.1 oz</b>

### Misc

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Poles, trekking, Black Diamond Distance Plus FLZ (1 pole)	2.0	9.1	18.3
<b>Misc</b>	<b>Total</b>		<b>1 lbs 2.3 oz</b>

### Snow/Avalanche

Item Name; Notes	Quan.	Wt (oz)	Subtotal
<input type="checkbox"/> Crampons, Kahtoola MICROspikes with tote sack, medium	1.0	12.4	12.4
<b>Snow/Avalanche</b>	<b>Total</b>		<b>12.4 oz</b>

### Travel/Locomotion

**Total 4 lbs 5.8 oz**

**Grand Total Weight: 33 lbs 9.8 oz**