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## Food Shopping List for Current Trip

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Servings	Serving Size Description	Food Description
5	1 bar	Cliff Bar, Carrot Cake
4	1 bagel	Bagel, plain
1	1 packet	Quaker Instant Oatmeal, Apples & Cinnamon
1	1 packet	Quaker Instant Oatmeal, Maple and brown sugar
1	1 package, cheese and 4 crackers	Kraft Handi-Snacks, Cheez'n Crackers
1	1 slice	Emmentaler Swiss Cheese
5	1 packet	Swiss Miss Milk Chocolate Hot Cocoa Mix
8	1 packet	Folgers coffee singles
2		Dinner Meal supplied by partner
2	1/2 package	Mountain House, freeze dried Spaghetti with Meat Sauce, 2 serving pouch
2	1/2 package	Mountain House, freeze dried Beef Stroganoff with Noodles, 2 serving pouch
6	1 packet	Power Gel
2	1 pastry	Kellogg's Pop Tarts Brown Sugar Cinnamon
1	1 tube	Skippy squeeze stix creamy peanut butter
1	2 ounces, 1/3 sausage of 6 ounces sausage	Summer sausage
4	1/2 package	Soup, ramen noodle, Maruchan, chicken flavor
8	1 scoop - makes 12 fluid ounces	Accelerade sports drink
3	1 bag	Tea bag

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